

Our signposted local offer to support parents:

- **Free Play Session 4-8 years Term time** *(no referral or booking needed, just turn up)*

Thursday 3:15pm – 5:15pm

Castle Hill Young Peoples Centre

Castleton street

<https://mylifeinbolton.org.uk/EventDetails.aspx?EventID=5516&s=5249886215427387904&e=5249886287427387904>

- **Free Play Session 9-12 years Term time** *(no referral or booking needed, just turn up)*

Monday 3:15pm – 5:15pm

Castle Hill Young Peoples Centre

Castleton street

<https://mylifeinbolton.org.uk/EventDetails.aspx?EventID=57569&s=5249889671427387904&e=5249889743427387904>

- **Bolton Lads and Girls Club Junior kicks** *(£3.50 per session, required to book)*

Saturday Nursery – Y6 throughout the day

Infinity

Spa Road

<https://www.blgc.co.uk/we-do-this/football/junior-kicks/>

- **Bolton Lads and Girls Club Junior club** *(free membership, required to book)*

Infinity

Spa Road

Wednesday & Friday 4-7pm ages 8-12

<https://www.blgc.co.uk/we-do-this/junior-club/>

- **Bolton Lads and Girls Club connect club** (*free membership, required to book*)

Infinity

Spa Road

Monday 5pm-7:30pm

Group for young people with SEND needs

<https://www.blgc.co.uk/we-do-this/connect-club/>

- **Littlekixx** (*required to book*)

Tuesday 6-7pm

Reception age boys

Sharples High School Leisure Centre (indoors)

- **Barlow Park Young People's Centre**

Term time - Thursday & Friday 3.30pm-5.30pm.

Holiday free play sessions - two days per week 3.45pm to 5.45pm, days vary.

Activities include: Arts and crafts, Computer gaming, Cookery, Outdoor games area

01204 334033

- **Astley Bridge cricket club**

Under 11s & under 9s team

[Astley Bridge CC \(play-cricket.com\)](http://play-cricket.com)

- **Family Martial Arts Courses**

age 4+

Family Martial Arts Centre

Curzon House

BL1 4RP

[Family Martial Arts Centres - Courses \(boltonmartialarts.co.uk\)](http://boltonmartialarts.co.uk)

- **HYPE Fitness Gym** (*£6 per session*)

First Floor

1a Canning Street

BL1 8EZ

Tuesday 7:15pm-8:15pm = MINI YOUTH STRENGTH &
CONDITIONING

Saturday 10am–10:45am = YOUTH STRENGTH &
CONDITIONING

- **Bolton Startwell sessions**

<https://www.boltonstartwell.org.uk/downloads/file/732/bolton-start-well-family-hubs-programme>

- **Play and stay sessions**

Oxford Grove Startwell family hub

0-4 years

Monday 10am-12noon

- **Bolton United Academy** (*register interest online*)

Eden Boys School

School years 1-6

Sunday 10am-11am

£12 monthly

[Academy | BUFC \(boltonunitedfc.co.uk\)](https://boltonunitedfc.co.uk)