

Changing Me		
Year Group	Puzzle Outcome	Visitors/Educational Visits
1	Tree of Change Individual Class Display Celebration/sharing assembly Celebration/sharing Tweet	
Week	Themes/Puzzles	Learning Intention
1	Life Cycles	I am starting to understand the life cycles of animals and humans
2	Changing Me	I can tell you some things about me that have changed and some that have stayed the same
3	My Changing Body	I can tell you how my body has changed since I was a baby
4	Learning and Growing	I understand that every time I learn something new I change a little bit
5	Coping with Changes	I can tell you about changes that have happened in my life

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Year Group	Puzzle Outcome	Visitors/Educational Visits
2	Tree of Change Individual Class Display Celebration/sharing assembly Celebration/sharing Tweet	
Week	Themes/Puzzles	Learning Intention
1	Life Cycles in Nature	I can recognise cycles of life in nature
2	Growing from Young to Old	I can tell you about the natural process of growing from young to old and understand that this is not in my control
3	Changing Me	I can recognise how my body has changed since I was a baby and where I am on the continuum from young to old
4	Looking Ahead	I can identify what I am looking forward to when I move to my next class

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Year Group	Puzzle Outcome	Visitors/Educational Visits
3	Tree of Change Individual Class Display Celebration/sharing assembly Celebration/sharing Tweet	Safer Internet Day
Week	Themes/Puzzles	Learning Intention
1	Family Stereotypes	I can start to recognise stereotypical ideas I might have about parenting and family role
2	Looking Ahead to the Year Ahead	I can identify what I am looking forward to when I move into my next class

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Year Group	Puzzle Outcome	Visitors/Educational Visits
4	Tree of Change Individual Class Display Celebration/sharing assembly Celebration/sharing Tweet	
Week	Themes/Puzzles	Learning Intention
1	Unique Me	I understand that some of my personal characteristics have come from my birth parents
2	Circles of Change	I know how the circle of change works and can apply it to changes I want to make in my life
3	Accepting Change	I can identify changes that have been and may continue to be out of my control that I learn to accept
4	Looking Ahead	I can identify what I am looking forward to when I move into my next class

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Year Group	Puzzle Outcome	Visitors/Educational Visits
5	Tree of Change Individual Class Display Celebration/sharing assembly Celebration/sharing Tweet	
Week	Themes/Puzzles	Learning Intention
1	Self-Body Image	I am aware of my own self-image and how my body image fits into that
2	Girl Talk	I can explain how a girl's body changes during puberty and understand the importance of looking after yourself physically and emotionally
3	Looking Ahead 1	I can identify what I am looking forward to about becoming a teenager and understand this brings growing responsibilities
4	Looking Ahead 2	I can identify what I am looking forward to when I move into my next class

Changing Me		
Year Group	Puzzle Outcome	Visitors/Educational Visits
6	Tree of Change Individual Class Display Celebration/sharing assembly Celebration/sharing Tweet	Girl/Boy Talk
Week	Themes/Puzzles	Learning Intention
1	My Self Image	I am aware of my own self-image and how my body image fits into that
2	Puberty (Girl Talk and Boy Talk)	I can explain how girls' and boys' bodies change during puberty and understand the importance of looking after yourself physically and emotionally
3	Real Self and Ideal Self	I am aware of the importance of a positive self-esteem and what I can do to develop it
4	The Year Ahead	I can identify what I am looking forward to and what worries me about the transition to secondary school /or moving to my next class